

# Armathwaite

Copyright LakesBloc

## Aspect

Situated in the Eden Valley around 12 miles North of Penrith, the Armathwaite crags are a number of sandstone outcrops on the Eastern bank of the river Eden. The rock is superbly solid and dries quickly after rain. The best bouldering is located on the first major buttress reached from the village...

Sandy Bay is a lovely little spot which catches plenty of sun and as the name would suggest all the landings are of a soft fine grain sand. The problems described on this topo are the most obvious lines but with a little imagination or the help of a local, dozens of excellent variations and eliminates can be found.

## Approach

**Grid Reference - 505 452**

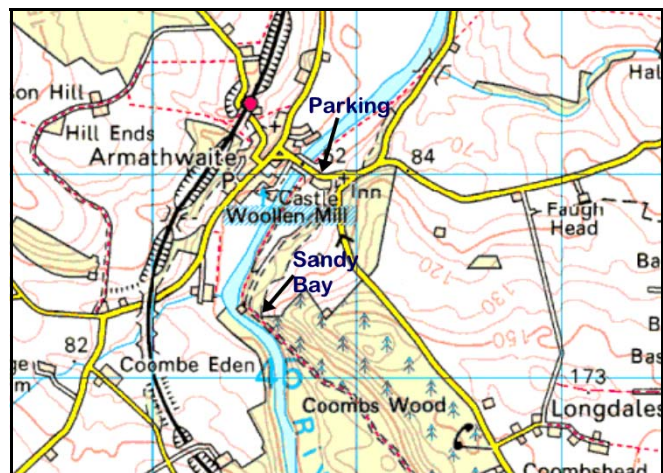
On reaching Armathwaite village turn right at the Dukes Head pub and across the road bridge. Park here on the left just before the Fox and Pheasant Inn.

Take the signed path down onto the river bank and follow this South for 10 to 15 minutes, after which the river begins to meander Eastward now take the steep gully on the right down to the beach.

## Approach Via Road



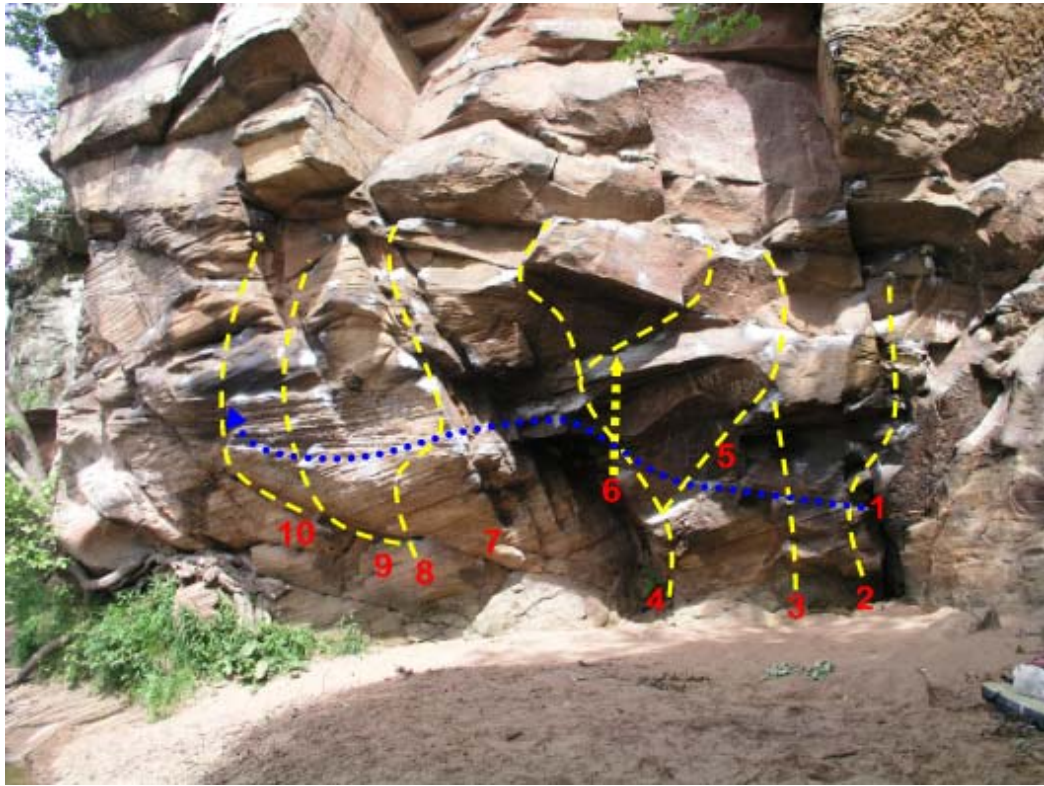
## Approach From Parking



1. **V7** - (sit start) A superb traverse on the whole buttress finishing up P10. \*\*\*
2. **Exorcist Start V2** - (sit start) Follow the good holds direct without the ramp to the right. \*
3. **V3** - (sit start) From the slots up, via a tricky move, to the pod like side-pull and then direct.
4. **V4** - (sit start) From the shelf make a big move to a good hold now trend up and left, (no bridging).
5. **V4** - (sit start) Right hand variation of P4. \*

6. **V7** - (sit start) From the shelf up to the slot then dyno all the way to the big hold (eliminate).
7. **V6** - A brilliant problem climbing the left side of the prow...hard! \*\*
8. **V7** - (sit start) Start to the left of the prow on a big slot, make a hard move to good edge, now move right into the prow and as for P7. \*\*\*
9. **V5** - (sit start) Start as for P8 but trend left and up. \*\*
10. **V4** - (sit start) Again start as for P8 but trend further left in to a diagonal crack then direct. \*\*

# Armathwaite – Sandy Bay Buttress



Copyright LakesBloc